

HaSpo Training KW 39 26.09.-30.09.22

Zeit	Montag		Dienstag		Mittwoch		Donnerstag		Freitag	
	Ost	SPZ	Ost	SPZ	Ost	SPZ	Ost	SPZ	Ost	SPZ
14:00-14:30										
14:30-15:00									2/3 Halle	
15:00-15:30									frei	
15:30-16:00									2/3 Halle	wC
16:00-16:30										
16:30-17:00					mD		mC1+mC2		Minis	
17:00-17:30	E Jugend		17:15							mD
17:30-18:00	gemeinsam		mC1+mC2							
18:00-18:30	mB		18:45		wC		mB		mA	
18:30-19:00			18:45							
19:00-19:30			H3							
19:30-20:00	D1+2		20:15		mA		H1		H2	
20:00-20:30			20:15							
20:30-21:00										
21:00-21:30	H1		H2		H1		D1+2		H3	
21:30-22:00										

HaSpo Training KW 40 03.10.-07.10.22

Zeit	Montag		Dienstag		Mittwoch		Donnerstag		Freitag	
	Ost	SPZ	Ost	SPZ	Ost	SPZ	Ost	SPZ	Ost	SPZ
14:00-14:30										
14:30-15:00									2/3 Halle	
15:00-15:30									frei	
15:30-16:00									2/3 Halle	wC
16:00-16:30										
16:30-17:00					mD		mC1		Minis	
17:00-17:30	E Jugend		17:15							mD
17:30-18:00	gemeinsam		mC1+mC2							
18:00-18:30	mB		18:45		wC		mB+mC2		mA	
18:30-19:00			18:45							
19:00-19:30			H3							
19:30-20:00	D1+2		20:15		mA		H1		H2	
20:00-20:30			20:15							
20:30-21:00										
21:00-21:30	H1		H2		H1		D1+2		H3	
21:30-22:00										

HaSpo Training KW 41 10.10.-14.10.22

Zeit	Montag		Dienstag		Mittwoch		Donnerstag		Freitag	
	Ost	SPZ	Ost	SPZ	Ost	SPZ	Ost	SPZ	Ost	SPZ
14:00-14:30										
14:30-15:00									2/3 Halle	
15:00-15:30									frei	
15:30-16:00									2/3 Halle	wC
16:00-16:30										
16:30-17:00					mD		mC1+mC2		Minis	
17:00-17:30	E Jugend		17:15							mD
17:30-18:00	gemeinsam		mC1+mC2							
18:00-18:30	mB		18:45		wC		mB		mA	
18:30-19:00			18:45							
19:00-19:30			H3							
19:30-20:00	D1+2		20:15		mA		H1		H2	
20:00-20:30			20:15							
20:30-21:00										
21:00-21:30	H1		H2		H1		D1+2		H3	
21:30-22:00										